



NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears Virtual Bingo! @ 10 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBwednesday Meeting ID: 860 0253 8995 Passcode: Bears	5	6 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears	7
8	9 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears	10	11 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears Virtual Bingo! @ 10 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBwednesday Meeting ID: 860 0253 8995 Passcode: Bears VETERANS DAY	12	13	14
15	16 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears	17	18 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears Portsmouth & Shawnee State Trivia @ 10 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBwednesday Meeting ID: 860 0253 8995 Passcode: Bears	19	20 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears	21
22	23 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears	24	25	26	27	28
29	30 Virtual Stretching Class @ 8 a.m. Golden Bear Facebook Page OR Zoom Link: bit.ly/GBStretching Meeting ID: 847 0992 9328 Passcode: Bears			THANKSGIVING		