

# BEARS Return

Shawnee State University Plan for a Safe Return to Campus

## COVID-19: WHEN A STUDENT, FACULTY OR STAFF MEMBER CAN RETURN TO IN-PERSON CLASSES OR WORK

Individual	Symptomatic	No Symptoms
<b>Tested negative with Alternate Explanation</b> (influenza, etc. as determined by provider)	May return when fever-free for 24 hours without fever-reducing medicine AND symptoms have improved. May also require medical documentation of alternate explanation.	N/A
<b>Not Tested WITH Alternate Explanation</b> (chronic issues such as allergies, sinus, migraines, etc.)	May return when fever-free for 24 hours without fever-reducing medicine AND symptoms have resolved. May also require Health Team assessment and documentation.	N/A
<b>Not Tested WITHOUT Alternate Explanation</b>	Must contact the Health Team for assessment and referral. May be required to remain home 10 days from symptoms onset AND until fever-free FOR 24 hours without fever-reducing medicine AND until respiratory symptoms have significantly improved.	N/A
<b>Tested and Negative</b>	Must remain home until fever-free for 24 hours without fever-reducing medicine AND respiratory symptoms have resolved.	<b>EXCEPTION:</b> If the individual has been exposed s/ he must complete a 14-day quarantine, even if test results are negative for COVID-19 (Note: exposure is within 6 feet of a confirmed case for more than 15 minutes without PPE)
<b>Tested and Postive</b>	Must remain home in Isolation for at least 10 days from the date symptoms began AND 24 hours fever-free without fever-reducing medications AND significant improvement of respiratory symptoms.	Isolate at home for 10 days from the day the test was taken. <i>*If the individual develops symptoms, then isolation time starts on day 1 of symptoms (see symptomatic tests positive).</i>
<b>Exposure</b> (Within 6 feet for more than 15 minutes of someone with confirmed COVID-19 without PPE)	Monitor health for symptoms. If an individual becomes symptomatic, refer to the symptomatic scenarios. The individual must quarantine for 14 days after contact with the COVID-19 Positive Person even if the individual has an alternate diagnosis for symptoms.	Quarantine for 14 days before returning to class or work. Must remain symptom-free. If an individual develops symptoms, then refer to the symptomatic scenarios.

Note: **QUARANTINE** keeps someone who was exposed to someone with COVID-19 away from others.

**ISOLATION** keeps someone who is sick or tested positive for COVID-19 without symptoms from others, even in their own home.



**\*Individual gets tested for COVID-19 at a testing event.** The individual was symptom-free when he/she got the test. The test comes back positive. The individual must isolate and stay symptom-free for 10 days after the date he/she took the test.



**\*Individual gets tested for COVID-19 at a testing event.** The individual was symptom-free when he/she got the test. The test comes back positive. The individual starts isolating for 10 days after the date s/he took the test. Four days into his/her isolation , s/he develops a fever or cough . S/he must now isolate at home for at least 10 days AND 24 hours fever-free without fever reducing medicine and with significant improvement in respiratory symptoms. The individual ends up Isolating at home for 14 days.



**\*Individual tests positive and has three others who were exposed to them.** If the exposures have symptoms, they should be tested and report to the SSU Health Team. They should report test results through the SSU App Self-Report. Otherwise, exposed individuals should quarantine for 14 days. Contacts of exposed individuals are not considered exposed unless they test positive themselves. (We do not isolate contacts of exposures.)



**\*Individual has a fever, cough, headache and loss of taste and smell.** The individual tests and results are negative. There is at least a 30% chance of having a false negative test. Therefore, it would still be required that this individual isolate at home for at least 10 days AND 24 hours fever-free without medication and with significant reduction in respiratory symptoms.



**\*Individual has a fever and sore throat and a history of allergies or respiratory problems.** Individual monitors his/her symptoms. If symptoms subside, may return to class or work after 24 hours fever-free. If symptoms linger or worsen, gets tested and follows isolation/quarantine depending on test results.



**\*Individual has fever, cough, shortness of breath, and/or loss of taste and smell but does not want to be tested for COVID-19.** Highly recommend that the individual get tested so that the proper contact tracing can be done. The individual will need to isolate at home for at least 10 days AND go 24 hours fever-free without use of medication AND have a significant reduction in respiratory symptoms. Additionally, the SSU Health Team may do contact tracing and monitoring for others with symptoms.