

Employee Assistance Program

confidential, professional support for work/life matters

It can be frustrating when personal and/or work related problems surface and it's unclear where to turn for help. When complications arise from stress, marital and family issues, parenting challenges, depression, anxiety, substance use, medical issues and other emotional concerns, it's comforting to have someone to talk to.

Shawnee State University is proud to make available to you the **AllOne Health Employee Assistance Program (EAP)**, offering confidential support for you, your spouse/partner, household members, dependents living in and away from home and parents & parents-in-law.

Professional support is available on an unlimited basis, offering you and your family members peace of mind that there is always someone to talk to, 24 hours a day, 365 days a year. Counseling (face-to-face, video, phone or chat) is also available, with up to 3 sessions included per issue per year.

Additional Services include:

- » **MyImpactSolution.com** - AllOne Health's mobile friendly work/life website featuring thousands of up-to-date topic-related articles, videos, webinars, assessments, calculators and worksheets on health, wellness, family, financial & legal, education, career and more
- » Legal Resources and Financial Counseling
- » Identity Theft Prevention and Recovery Services
- » Work-Life Resources and Referrals - Information and referrals when seeking childcare, adoption, special needs support, eldercare, housing, transportation, education, pet care, tobacco cessation, mindfulness and nutrition coaching
- » Life Coaching
- » Personal Assistant
- » Medical Advocacy

Please detach and retain the wallet cards below in an accessible location as a reference for when you need to connect with the AllOne Health EAP.

When you need assistance, we are here for you!

Your AllOne Health Team

AllOne Health Employee Assistance Program

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support for work/life matters



Call 24/7 for live immediate assistance
800-227-6007

Provider ONLY email address: affiliateresponse@allonehealth.com

Your AllOne EAP includes up to 3 counseling sessions per issue per year.

(Note: spouse/partner, household members, dependents living in and away from home, and parents & parents-in-law are also eligible for the AllOne Health benefit.)

www.MyImpactSolution.com

Access Code: shawnee



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CHECK OUT YOUR NEW Assistance Program Member Portal

Live Chat & Online Requests, Mental Health Support & Self-Care

Your Employee Assistance Program is here to support the whole person, with services to strengthen mental health, build financial wellness, resolve work-life challenges, and help unleash your full potential. And our goal is to make accessing care as easy as possible with our new and improved member portal.



Check Out Your New Member Portal

1. Visit your member landing page:
www.MyImpactSolution.com
2. Log in or create an account using your email address and company code: **shawnee**

Experience Enhanced Support & Resources

- **Connect** via live chat, phone, or online request forms
- **Request** mental health counseling or work-life benefits
- **Explore** the online financial wellness center
- **Enhance** your well-being with self-care assessments & soft skills courses
- **Access** 1,000+ articles, podcasts, well-being resources and more
- **Find** exclusive marketplace discounts

Add or Update the Member Portal Web App on Your Mobile Device

Whether you're using an iPhone or Android device, here's how to update and add the new Member Portal web app icon.

How to Remove the Old Icon

(For members who already have the old icon)

1. Tap and hold the old Member Portal web app icon.
2. On iPhone, tap "Delete App" when it appears. On Android, drag the icon to "Remove" and confirm the deletion if prompted.

How to Add the New Member Portal Icon

(For members who are updating or adding for the first time)

1. Open your mobile device's web browser (Safari for iPhone or Chrome for Android).
2. Enter www.MyImpactSolution.com in the address bar.
3. Once the web app loads, tap the share icon (on iPhone, it's a square with an arrow pointing up; on Android, it's usually three dots).
4. Look for an option that says, "Add to Home Screen" or "Add to Home Page" and tap it.
5. Customize the name of the icon to "Member Portal" if needed.
6. Confirm your selection by tapping "Add."

Now, you'll have the updated Member Portal web app icon on your mobile device's home screen, providing easy access to all the latest features and information. Enjoy the improved user experience!

