



## Kroger is much more than a grocery store

Kroger is a business as diverse as the people who make up our workforce. We're not just a grocery store. We are a manufacturer, we are a florist (in fact, the largest in America), we are an innovative technology company, and we have many teams behind the scenes who ensure all of our company goals are met. You may be familiar with these through your own customer experience.

You can grow with Kroger. As the business expands and takes on new challenges, our employees are encouraged and supported in their effort to try new things and stretch themselves to learn all sides of the business.

If you are passionate, a hard worker and willing to embrace change and innovation, the sky is the limit in your career.

*"You can truly have endless careers with Kroger. You will never become stagnant in your career here because there is always a new challenge ahead" - Maxx Sample*

## Internship Experience

Be immersed in Kroger's culture through these programs. Interns each serve on one committee and are responsible for delivering on the goals of the group

### Community Service

*"Everyone embraces philanthropy at Kroger"* Work to choose service agencies to work with and plan events throughout the summer where all interns are able to do service locally. This can range from working with the Giving Fields to helping with the United Way campaign to tutoring or any other cause.

### Professional & Educational Development

*"I've been here for years and there is constant learning on the job"* Be responsible for the ongoing process of educational and professional development based on what they want to learn about. This can be anything from public speaking skills to advanced techniques in excel to principles of finance.

### Leading the Kroger Way

*"There's a lot of pride that goes into saying 'I work for Kroger'"* Assume the responsibility for ensuring all interns learn about Kroger's initiatives and goals including departments' goals and happenings in the divisions, manufacturing, distribution and more. This committee will be in charge of planning Lunch & Learns for the summer as they relate to learning about Kroger.



## Program Details

*"There's endless value in interning first so that you understand how Kroger works"*

10-14 week program in one area of business

Corporate Office, downtown Cincinnati

Division Office / Retail Grocery Stores

Manufacturing Plant - across the country

Kroger Technology, Blue Ash, OH

37.5 or 40 hours/week — paid

10% off Kroger Brand Products

Subsidized Parking & Bus Transportation

Behind-the-scenes tours of Kroger facilities

Meet and interact with interns in all areas of the business

## You make a difference here

*"We are insanely spoiled with how accessible our executives are"* Kroger values each member of our team and interns at Kroger are given ownership over a project with deliverable outcomes. At the end of their time with Kroger, interns will be able to enjoy the satisfaction of a job well done through.

## Location, Location, Location

*"Cincinnati is a super walkable city There's plenty to explore here and tons of new places to go"*

Kroger's corporate office is located at the helm of Cincinnati's thriving central business district and the growing Over-the-Rhine neighborhood. Washington Park and Fountain Square are both less than a 5 minute walk away. Whether you'd like to eat lunch outside with other interns or unwind after work at a local event or restaurant, there are endless options to satisfy that being at Kroger (pictured left)



# KROGER INTERNSHIP PROGRAM

## BIG DREAMS. BIG OPPORTUNITY.

At Kroger, we're so much more than a grocery store. We're a friendly team working together to feed families and communities every day. Whether you are just starting out or looking to grow your career, we can offer you more. Our dynamic team fuels our success and growth with dedication, innovation and excellent customer service. Be a part of something big, and growing.

Join the team today!

Kroger Family of Companies employs nearly 443,000 associates who serve customers in 2,796 retail food stores under a variety of local banner names in 35 states and the District of Columbia. Kroger and its subsidiaries operate an expanding ClickList offering – a personalized, order online, pick up at the store service – in addition to 2,253 pharmacies, 787 convenience stores, 324 fine jewelry stores, 1,439 supermarket fuel centers and 38 food production plants in the United States. Kroger is recognized as one of America's most generous companies for its support of more than 100 Feeding America food bank partners, breast cancer research and awareness, the military and their families, and more than 145,000 community organizations including schools.

## CAREER & INTERNSHIP OPPORTUNITIES

- Accounting
- Advertising
- Associate Communications
- Aviation
- Capital Management
- Category Management
- Corporate Affairs
- Corporate Brands
- Digital
- Engineering
- Finance
- Food Technology
- Human Resources
- Internal Audit
- Law
- Logistics
- Loss Prevention
- Marketing
- Manufacturing
- Merchandising
- Pharmacy
- Process Improvement
- Procurement
- Product Development & Innovation
- Real Estate
- Retail Operations
- Retail Store Leaders
- Technology

---

Looking to further your Career? Learn more and Apply today at [Jobs.Kroger.com](http://Jobs.Kroger.com)





## KROGER INTERNSHIP PROGRAM

### INTERNSHIP PROGRAM DETAILS:

Our Internship Program is unique and geared towards students learning as well as professional growth. Kroger can help shape your future by developing leadership skills and business knowledge you need to enhance your career.

What to Expect as a Kroger Intern:

- Networking Opportunities
- Lunch n' Learns with Executives, VP's and CEO
- Mentor Program
- Team Building Events
- Community Service Events
- Behind the scene tours of our Kroger Stores & Manufacturing Plants

---

### WHAT WAS THE BEST PART OF YOUR INTERNSHIP WITH KROGER?



"I can't specify one part of the internship that I would consider the "best" because Kroger does a great job implementing all of their Core Values throughout the entire company. I am really grateful for the team I work with. They are a group of humble individuals who are always willing to help. I enjoyed visiting the plants to see how they function, the work environment, and what specific role the plant plays in Kroger's overall success..."

**- DeMarko Neal, Human Resources Intern (Manufacturing)**

"I really enjoyed having various opportunities to network with other interns and leaders in different departments which allowed me to gain a broader perspective of Kroger and build great connections with my team."

**- Morgan Sroufe, General Office Human Resources Intern**

"The networking and understanding of Kroger as a whole. The culture here is great and everyone wants to help each other grow."

**- Casey Moran, Cost Management Intern**