

Course Title: Sports Medicine

Dates: July 19 – 24, 2009

Instructor Name and Title: Keenan Perry

MS, ATC, LAT, NASM-PES, Senior Instructor, Athletic Training

Teaching Assistants: April Barnette M.Ed., ATC, LAT and Ryan Boggs ATC, LAT

Instructor Qualifications:

Mr. Keenan Perry earned a Bachelor's of Science Degree from Shawnee State University in Athletic and his Master's of Science Degree in Exercise Science with a concentration in Performance Enhancement and Injury Prevention from California University of Pennsylvania. He has worked as an Athletic Trainer for a Chiropractic office, primarily rehabilitating patients under the care of the Chiropractor. He has also worked with a local orthopaedic surgeon performing Athletic Training duties in the physician's office and with several local high schools and acting as a private assistant with the doctor during surgery. Over the last two years Mr. Perry has been a member of the Shawnee State University Athletic Training staff working closely with the athletic teams and the students of the Athletic Training Curriculum. He has recently been appointed to Senior Instructor of Athletic Training in the Sports Studies Department.

Course Description:

The course will introduce students to the exciting fields of sports medicine. The course is geared toward individuals interested in career paths in Sports medicine, Athletic Training, Physical Therapy, or other medical professions. The course is designed to progressively take the students through the anatomy and physiology of the body and progress into evaluating, assessing, and treating injuries to physically active individuals.

Description of Academic Content:

- Introduction into anatomy and physiology
- Discuss the mechanics of an athletic injury
- Introduce the techniques involved in evaluating, assessing, and treating athletic injuries
- Field-trip will be geared toward an aspect of the field of Sports medicine
- Labs will consist of evaluating, assessing, and treating injuries to physically active individuals

Teaching Strategies:

Instruction/lecture, intense hands-on labs, and in-class discussion.

Unique Facilities:

Students will have access to the Shawnee State University Athletic Training facility, weight room, cardiovascular room, gymnasium, and swimming pool.

Course Instructor Evaluation Strategies:

Instructor will evaluate each student individually using the Institute developed "Student Evaluation Form". Instructor will attempt to meet with each student individually to discuss evaluation or mail the evaluation directly to the student after the Institute.

Measures of Student Learning and Growth:

Pre and Post tests will be utilized to measure learning. A culminating project (presentation of research) completed on Friday will showcase growth.

Number of Students: 15

